



Precision Dermatology and Skin Surgery, P.A.

Board Certified in Dermatology

Fellowship Trained in Dermatologic Surgery

Glue Post-Operative Surgical Instructions

A bandage has been placed over your stitches to protect from infection. After 24 hours the bandage can be removed. Once the bandage has been removed, you can shower daily using antibacterial soap to clean the surgical site. Pat the area to dry. Do not apply ointment to the surgical site.

AFTER THE BANDAGE REMOVAL – If steri-strips were placed over your stitches, they will fall off naturally. Do not peel these strips off as it could tear your skin. **DO NOT** pull or cut the blue strings on each end of the incision. If the doctor has recommended a compression stocking, wear it all the time except when sleeping or bathing. Continue to wear the stocking until you return to the office for suture removal.

PRESCRIPTIONS – If you've received an antibiotic prescription, take it as directed until all the medication is gone. If you've received a pain prescription, you can take this medication as directed (if needed). You may also take Tylenol or Extra Strength Tylenol instead of the pain medication prescription. Unless prescribed by your doctor, do not take any Aspirin or Ibuprofen-based products such as Excedrin or Motrin until your sutures have been removed. These medications tend to thin the blood and cause unnecessary bleeding.

ICE PACKS – To minimize bruising and swelling, apply an ice pack over the bandaged site (15 minutes on, 15 minutes off) during the first 24 hour period following the surgical procedure. Elevating the surgical site during the first 24-48 hours will also help reduce swelling.

If you have any questions or concerns, we can be reached at (904) 923-6647 during normal business hours and for after normal business hour emergencies.